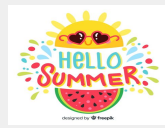



FRONTIER BULLETIN



May 30, 2023 — June 2, 2023
Frontier Elementary School 1854 N. Mustang Drive
585-2430 ~ www.puesd.net

TUESDAY 5/30	WEDNESDAY 5/31	THURSDAY 6/1	FRIDAY 6/2	6/5-8/16
Cereal Apple	Cinnamon Bun Raisins	Asst. Bagels/Mini Cinnis	Honey Bun	Summer Break!
Grilled Cheese Potato Tots Green Beans Raisins/Cranberries	Chicken Surprise Potato Fries Mixed Vegetables Orange	Crunchy Taco Refried Beans Mixed Vegetables Fruit	Pizza Mixed Vegetables Fruit Cinnamon Crackers	

This institution is an equal opportunity provider. Menu is subject to change without notice.

MEETINGS	REMINDERS	UPCOMING DATES
 Wednesday 6/14 Board Meeting PUESD Office 6:00 pm	Kindergarten ABC Countdown to Summer 5/30 W- Water Day 5/31 X- eXchange Autograph Day 6/1 Y- Year End Clean Up 6/2 Z- Zoom into Summer- it's the last day of school!	Wednesday 5/31 Parent Talent Show 8:30-10:00 Wednesday 5/31 TK/K Sing A Long 10:00-11:00 Friday 6/2 5th grade Hoedown 10:30-12:30 LAST DAY OF SCHOOL!



NEWS AND INFORMATION



Yearbooks Sales: Yearbooks are now on sale in the office for \$30 (exact cash or checks are accepted, first come, first serve). Quantities are limited.



Unpaid Fees: Please check your Infinite Campus Parent Portal for outstanding fees (library book fines, technology fines, etc.) All outstanding fees will need to be paid prior to the school year ending. If your child has any outstanding fees, they may be excluded from certain end of the year fun activities. Please ensure your child's fees are paid.



Super Minimum Day: Friday June 2, 2023
 TK/Kindergarten dismissed at 12:00 p.m.
 Grades 1st/2nd/3rd dismissed at 12:05 p.m.
 Grades 4th/5th dismissed at 12:45 p.m.



We wish all of our Frontier Families a safe and fun summer!
We'll see our Mustangs back on Wednesday, August 16, 2023!



PIONEER UNION ELEMENTARY SCHOOL DISTRICT
1888 N Mustang Drive – Hanford Ca 93230
(559)585-2400 Fax (559) 584-5048
www.puesd.net

May 26, 2023

Dear Pioneer UESD Community,

The Pioneer Local Control Accountability Plan (LCAP) describes the goals and related actions the district will take to address the Eight State Priorities. The plan describes actions and services related to school facilities, teacher qualifications, student achievement, student engagement, parental involvement, and school climate. We invite you to review the plan and submit written comments regarding specific actions and expenditures proposed to be included in the LCAP. The plan can be accessed by clicking [HERE](#) or by visiting the homepage of Pioneer Union Elementary School District website at puesd.net.

Written comments on the specific actions and expenditures of the LCAP may be submitted to Fawn Lemons at lemons1@puesd.net.

Sincerely,

Paul van Loon - Superintendent



Nurse's Note

Summer 2023

Somjai Cochran, BSN, RN (cochrans@puesd.net)

Phone: 584-8831 ext 1803



Summer is here - that means flip flops, bathing suits and sun exposure. Skin is exposed to the sun when you spend time outside such as swimming or outdoor camping. The sun has ultraviolet (UV) rays that can harm your skin. Sun exposure during teen years can lead to greater risk for serious complications as an adult, such as eye problems, skin damage, skin cancer, etc.

WAYS TO AVOID SUN EXPOSURE: Sun Safety Tips

- Wear a broad spectrum sunscreen for your skin and lips with SPF of 30 when spending time outdoors. Use water resistant sunscreen when exposed to water (water reduces sunscreen protection)
- Do not apply sunscreen on babies 6 months old or younger. Keeping babies covered and in shade is best
- Limit sun exposure during certain times of the day (The most UV rays is between 10 am - 4 pm). Find some shade and drink plenty of water
- Wear protective coverings such as hats, long sleeve cotton shirts, sunglasses

PERSONAL HYGIENE: Personal Hygiene for Kids - Hygiene Habits - Showering, Hand Washing, To...

Good personal hygiene is one of the many aspects of maintaining good health as well as other aspects - consuming nutritious diet, getting enough sleep, and staying active. Our body sweats more during the summer and may cause more body odors. Please remember to pay more attention to your personal hygiene.



TIP FOR PARENTS

- Set an example - Leading by a good example is often the best teacher. Your child watches how you treat your own skin, hair, nails, lips and teeth.
- Make good hygiene a responsibility -- start teaching your child a routine and responsibility of body care at an early age will carry into the teen years and adulthood
- Get some professionals as your backup, If you're having trouble getting through to your child about a particular hygiene issue, make your child's pediatrician or school nurse an ally
- Supply nice-smelling soap, shampoo, etc. to encourage cleanliness and make bath time something to look forward to.

TIP FOR STUDENTS

- Brush and floss your teeth at least twice a day
- Wash your body daily - carefully dry five body zones (feet, face, hands, armpits and bottom) and use deodorant
- Wash your face at least twice a day and wash your hair regularly – oily face and hair can clog up your facial pores and cause pimples
- Remember to scrub under your fingernails.
- Wash the area between your legs
- Wear clean clothes, socks, and underpants.
- Put on shoes that have aired out overnight (or longer).
- Don't share personal items (toothbrush, hairbrush, washcloth, towel, cup and razor) with other people



PREVENTION UNINTENTIONAL DROWNING:

This past winter, we had a lot of rain. Water in rivers and canals is more swift and cold than the past years. Swimming in natural environments is more challenging than home pools. Learn what to do to prevent drowning:

- Children must be supervised at all times when swimming
- WEARING A LIFE VEST is a simple way to prevent accidental drowning deaths.
- Do not go near water if you are not able to swim.
- Enter unknown or shallow water feet first.
- Watch out for currents, waves, and underwater obstructions

Learn more about drowning prevention: [Water Safety and Drowning Prevention](#)

CHECKLIST FOR 2023-2024:

- If your child needs medications next school year, please have your child's physician write the prescription on the Medication in School Form.
- All medication must be brought to school in the original container by a parent or guardian. A new school medication form is required each school year. Before school starts in August, please bring the updated medication order and properly labeled medication to your child's school site, during the walk-thru registration, or on the first day of school
- Make sure your child's immunizations are up to date. [PARENTS' GUIDE TO IMMUNIZATIONS - REQUIRED FOR SCHOOL ENTRY - Starting July 1, 2019](#)
*****Parents of incoming 6th graders - your child will need a second dose of Tdap and varicella on file before the first day of school*****
- If your child has a health concern, please list it on the emergency cards, so that a health care plan can be created for the new school year. Should you have any questions, please contact your child's site nurse or me by calling at 584-8831 ext. 1803 or by email: cochrans@puesd.net

HAVE A FUN AND SAFE SUMMER!!!

REFERENCES: https://www.cdc.gov/cancer/skin/basic_info/sun-safety.htm
<https://www.cdc.gov/hygiene/personal-hygiene/index.html>
<https://www.cdc.gov/drowning/prevention/index.html>



Pioneer Union Elementary School District Band Interest Form

Dear Parents and Guardians,

Greetings from the Pioneer Union Elementary School District Instrumental Music Program. We are excited to have music back at the PUESD schools. We are thrilled to be a part of this exciting time in your student's education. Being a part of music has the power to transform their lives in ways that no other endeavor can. We are eagerly looking forward to the new chapter at PUESD and hope your child is also excited about the possibilities.

5th Grade Band Parents

Exciting news! We have been invited to perform at the PMS Open House on Wednesday, May 3rd. This is a school-wide event that features an art gallery displaying the art of the PMS art students, as well as performances by the ukelele club, PMS Bands, and much more. The Pioneer Band Boosters and local food vendors will have food, beverages, and other merchandise available for purchase before and after the event. For the performance, students will be required to wear their best shoes, blue jeans, and a top that coordinates with your student's respective school. For example, if your student has PES or FES attire such as t-shirts, team jerseys, etc., they are welcome to wear that. This event is meant to be a little more casual so it is the perfect time for students to show their school spirit.

Call time for students will be 4:45 pm in the PMS band room. The event begins at 5:30 pm.

4th & 5th Grade Elementary Parents

If your child is interested in joining or continuing with the instrumental music program for the 2023-2024 academic year, please complete the [PUESD Band Interest Google Form](#).

Instrument Selection

The most important factor in assigning students instruments to play is desire. Attached to this letter is a form where you and your child can decide which three instruments they are most interested in learning. Parents, please note that each instrument requires different skill sets. For example, the flute requires patience as the embouchure develops. The clarinet requires excellent finger dexterity. The trumpet is a physically demanding instrument. The final instrument selection will be made on the criteria of student interest, which instruments fit the student the best, and instrument availability.

Getting an Instrument

Once you and your child have made your final instrument choice, the students need to acquire instruments. There are several ways to get an instrument:

Borrowing From The School: The school has some instruments available to loan out. These instruments generally are in good condition, although they show much more wear than the rent-to-own instruments. Students are responsible for the instrument and if lost or seriously damaged they can be held responsible for replacement/repair costs. Unfortunately, due to more students joining the band, we do not have enough instruments for everyone to borrow from the school this year. Again, the final instrument selection will be made on the criteria of student interest, which instruments fit the student the best, and **instrument availability**.

A Rent & Rent-To-Own Program: This is the best way to get an instrument. The instruments available are new or slightly used. For the rent-to-own programs, you pay a monthly rental fee that goes directly toward the cost of buying the instrument. If you are interested in renting an instrument for your student, we will be hosting an instrumental rental night in August prior to the start of the coming school year. I will have more information regarding that as we approach the start of the event.

Buying An Instrument Or Bringing One From Home: If you already have an instrument in good shape at home, this is probably the best choice for you. If you are not sure if the instrument is in good enough condition to use in a band, you can have your child bring it to school and I can take a look at it. Be very careful when buying instruments. Used instruments may require repairs or adjustments. Be wary of new instruments sold online at very low prices. Many of these instruments often have quality issues and repair shops will often refuse to work on them. If you are interested in buying your child an instrument, feel free to contact me for more information.

If you have any questions, please feel free to reach out to me.

Sincerely,

Nick Rodriguez

Director of Bands, Pioneer Middle School

(559) 584-0112 ext. 2501 | rodriguezn@puesd.net

<https://sites.google.com/puesd.net/pmsbands/home>